

Welcome Seafoodetarians!

Appetizers

Calamari	Tender pieces pounded thin & fried golden	11.75
Sand Dabs	Fresh grilled filets ~ served with Tartar Sauce	12.95
Oysters on the Half Shell	1/2 dozen Gourmet Pacific	18.50
Clams	Steamed with Garlic, White Wine, Tomatoes & Parsley.....	14.95
Mussels	Steamed with Dry Sherry, Garlic, Tomatoes & Tarragon	12.50
Steamed Artichoke	Local & fresh	9.75
Prawns Scampi	Sautéed in White Wine, Garlic, Lemon & Parsley	12.50
BBQ Baby Back Pork Ribs	Tender & Meaty	13.50
Fresh Dungeness Crab Cocktail	or Crab & Shrimp Combo...	23.95
Prawn Cocktail	Cocktail Sauce	11.75
New England Style Clam Chowder	Sandbar Recipe	
	Large Bowl	9.75
	Cup	7.50
Onion Rings or French Fries	5.75
Parmesan Garlic Bread	5.75

Full Sail Salads

Combo Louis Salad	Prawns & Fresh Dungeness Crabmeat	32.95
	Crab Only	39.00
	Prawns Only	22.95
Cobb Salad	Fresh Roast Chicken, Bleu Cheese, Avocado & Bacon.....	16.95
	Or Prawn Cobb Salad	23.95
Classic Caesar Salad	Housemade Dressing	13.95
Ernie's Salad	Caesar topped with Fresh Dungeness Crabmeat	
	Add Anchovies if you like	39.95
Ahi Tuna Salad	Seared rare & served on Mixed Greens with	
	Hard Boiled Egg, Tomatoes, Olives & Mustard Vinaigrette	23.95

Pasta

Penne "Seafood" Puttanesca	Prawns & Fresh Fish, Capers, Olives, Chili Flakes & Anchovy.....	24.50	Without Seafood	15.50
Linguini with Clams & Prawns	White Wine, Garlic & Parsley	21.95		

Sandwiches & Lunch Plates
served with French Fries & Cole Slaw or Brown Rice

Starboard Sandwiches

Prawn & Avocado Melt On Sourdough... 15.95 Add Dungeness Crab..	24.95
Fresh Fish Sandwich Grilled or Blackened, Tartar Sauce	19.95
Fresh Fish Tacos Cabbage, Pico de Gallo & Yogurt Chili Sauce ..	17.95
Shrimp Tacos Peppers & Chipotle Sauce	16.95
Sandbar Burger 1/2 pound Ground Chuck, Choice of Cheese	15.50
Cheese Steak Philly Style ~ Thin-sliced Rib-Eye Steak, Served with Onions & Sweet Peppers	15.95
Chicken Sandwich Monterey Avocado, Monterey Jack Cheese, & Pesto Mayo on French Roll.....	12.95

Lunch Plates

Sand Dabs Fresh Grilled, served with Tartar Sauce	21.75
Fish & Chips White Flaky Cod in Golden Beer Batter	18.95
Salmon Fresh from the Pacific, served with Lemon Caper Butter Or Blackened & served with Fresh Salsa	24.95
Quesadilla Filled with Prawns, Fresh Fish, Caramelized Onions & Monterey Jack Cheese	21.75
Prawns Fried Beer Batter Gulf Prawns w/Cocktail Sauce	19.50
Oysters Fresh Pacific Oysters ~ Quickly Fried	18.85
BBQ Baby Back Ribs Tender & Meaty w/ BBQ Sauce	19.50

Calamari Corner

Monterey Bay "Tubes & Tentacles"

Sautéed with Italian Sausage & Housemade Marinara Sauce	15.95
Or Sautéed with Prawns in Mustard Sauce	17.95

Calamari Steak with Lemon & Capers

Lightly floured & sautéed in Olive Oil	17.95
--	-------

Calamari Steak Parmesan Lightly breaded & baked in Marinara	18.95
--	-------



Nothing fishy here